# COLLEGE OF ENLISTED MILITARY EDUCATION (CEME) COMMAND SCREENING CHECKLIST

### PRIVACY ACT STATEMENT

AUTHORITY: 10 U.S.C. § 5041, Headquarters U.S. Marine Corps, and E.O. 9397 (EDIPI)

**PRINCIPAL PURPOSE:** Information is obtained to identify personnel who are assigned as students to a Staff Noncommissioned Officers (SNCO) Academy or College of Distance Education and Training (CDET) seminar. The collected information will be maintained in the Marine Corps Training Information Management System (MCTIMS) database or MarineNet for a CDET seminar.

**ROUTINE USE:** Information collected on this form may be shared outside the DoD for those specific purposes and listed organizations identified as DoD Blanket Routine Uses at http://dpcld.defense.gov/Privacy/SORNsIndex/Blanket-Routine-Uses/.

**RETENTION:** Automated MCTIMS records are retained permanently.

**DISCLOSURE:** Providing information on this form is voluntary. Failure on your part, however, to answer all questions or any misrepresentation (by omission, concealment, or by misleading, false, or partial answers) may serve as a basis for denied assignment to the school you are requesting to attend.

Purpose: To ensure Marines attending a SNCO Academy or CDET seminar are fully qualified.

Information: PME schools are not screening institutions. In order to preclude students from being turned away upon arrival, it is necessary that parent commands ensure their Marines satisfy enrollment prerequisites set forth in MCO P1533.4 and this checklist. <u>This checklist is to be filled out by the Marine's supervisor and/or command supervisor. Specific reporting and uniform requirement information for each academy can be found at https://www.usmcu.edu/ceme/#tab/nbspacademies</u>

**CEME Duty Status Waiver Request Information:** Students who desire to attend a resident SNCO Academy school in a light duty, limited duty, or pregnancy status are required to complete the CEME Duty Status Waiver Request.

**Submission Instructions:** The completed CEME Command Screening Checklist will be hand-carried to the SNCO Academy or delivered to the CDET regional chief instructor for participation in a CDET seminar. The checklist will be destroyed upon completion of the course.

Name (Last, F	irst, MI):		Rank:			DOR:					
EDIPI:		Component:		Primary MC	)S:		Unit:				
Resident:	Seminar:		School:			Class Number (ex. 1-25):					
Location:						Report Da	ate:				
	All Students (Resident and Seminar)										
	Prerequisit	tes	Yes	No	N/A		Remar	ks			
1.	Is the student the app grade?	propriate grade or se	lect								
2.	Has the student's suc applicable prerequisi education program b	te online distance									
	nd 2: If no, the student s along with school dat			•		equisites f	or courses are p	ublished annually via			
3.	Does the student me standards? Height: Weigh										
4.	Is the student exemp fat limits?	t from weight and bo	dy								
Note for 3: B	ody fat percentage is o	only required for Mar	ines who meet bod	y fat, but not	weight limits.						
	larines who are pregna score 285 and higher o						•	1CO 6110.3A W/CH4).			
5.	Student's most curre	nt PFT and CFT recor	ded in MCTFS.	PFT Score:	Date:		CFT Score:	Date:			

	All Stud	ents (Resic	lent and S	eminar)	
	Prerequisites	Yes	No	N/A	Remarks
6.	Is the Marine afforded an additional 1 percent body fat? (250 higher PFT and CFT)				
7.	Is the student assigned to a body composition program and/or military appearance program?				
Note For 7	If yes, the student is not qualified to attend the SI	NCO Academy	or CDET sem	ninar.	
8.	Are there any existing family, financial hardship, force preservation, childcare, or pending legal issues that may hinder the student's ability to complete the course?				
Note for 8	: If yes, the student is <b>not qualified</b> to attend the SN	ICO Academy	or CDET sem	inar.	
	R	esident Stu	dents Onl	У	
	Prerequisites	Yes	No	N/A	Remarks
9.	Is the student pregnant?				
Note for 9:	If yes, a waiver is required for SNCO Academy atter	ndance.			
10.	Is the student in a light / limited duty status?				
Note for 1	<b>0:</b> If yes, a waiver is required for SNCO Academy att	endance.			
11.	Is the Marine formally assigned to Permanent Limited Duty or Expanded Permanent Limited Duty (EPLD)?				
Note for 1	1: If yes, contact the respective SNCO Academy Dep	uty Director t	o discuss faci	ilities requir	ements.
	S-	3 Verifier I	nformatio	n	
	Recertification of PFT will be done within 45				Verifier's Printed Name:
12.	days prior to report date. PFT Score: PFT Date:				Verifier's Signature:
Note for 1		to choin of co	mmand that	atudant is n	at availified to attend the SNCO Academy
Note for 1	2: If PFT recertification is not verified by the student Does the student possess appropriate uniforms		mmanu, the		I dualified to attend the SNCO Academy.
13.	for the course?				
Note for 1	3: Uniform requirements can be obtained from the	MCU/CEME w	vebsite. https	://www.usn	ncu.edu/ceme/#tab/nbspacademies
	Il Information (Completed by a medical o				
	Is the student physically capable of participating in the Marine Corps Physical Fitness Program?				Medical Signature:
14.	PHA Date: PHA Due Date:				Official Stamp and National Provider ID#:
	4: COs/OICs shall ensure all personnel have a currer N/CH4 Must be signed and stamped by a medical o				
15.	<b>Complete only if 14 was answered no.</b> Is the student applying for the CEME Duty Status Waiver Request?				
Note for 1 school.	5: If yes, the student must complete the CEME Duty	Status Waive	er Request. If	no, the stud	ent is not qualified to attend a SNCO Academy

#### **Command Endorsements**

Before endorsing prospective students for the regional Staff Noncommissioned Officer Academies, commands must confirm that their Marines are ready to meet the requirements of their designated Professional Military Education course. Marines who are not fully prepared in all four domains of human performance or who are struggling with hardships should not be sent to a resident or non-resident program until they are.

#### By approving the Command Screening Checklist, Commanders are certifying that the Marine is physically, mentally, spiritually, and socially equipped to handle the rigorous demands of Enlisted Education.

Required Endorsements: SNCOICs and OICs, who have regular interaction with their Marines, should keep the command team informed of any issues that might impede a Marine's ability to complete PME courses. The first O-5 commander or higher in the prospective student's chain of command must endorse the command screening checklist.

Approved	Disapproved	Title	Print Name	Signature	Contact #	Date
		Section Chief / SNCOIC				
		OIC				
		CSEL/USEL				
		CO (O-5 or above)				

## COLLEGE OF ENLISTED MILITARY EDUCATION (CEME) DUTY STATUS WAIVER REQUEST

#### **PRIVACY ACT STATEMENT**

AUTHORITY: 10 U.S.C. § 5041, Headquarters U.S. Marine Corps, and E.O. 9397 (EDIPI)

PRINCIPAL PURPOSE: To collect information necessary to determine if a Marine meets eligibility requirements to attend a Staff Noncommissioned Officer (SNCO) Academy PME school in a limited duty or pregnancy status.

ROUTINE USE: Information collected on this form will be shared with the prospective student's chain of command and the CEME Director.

RETENTION: CEME forms are used and properly archived according to Marine Corps Orders pertaining to the appropriate storage of records.

DISCLOSURE: Providing information on this form is voluntary. However, your failure to provide information will prevent participation in a SNCO Academy PME school.

Purpose: In accordance with CEME policy, students who desire to attend a resident SNCO Academy School in a limited duty or pregnancy status are required to complete this waiver request.

Policy: Prospective students must meet ALL of the conditions listed below to receive a duty status waiver:

1. Have a physician-approved physical fitness plan.

2. Receive positive endorsement from first O-6 commander in chain of command.

Submission Instructions: The Command Screening Checklist and this waiver will be submitted to the CEME Operations Chief at CEME\_Waivers@usmcu.edu. Waivers must be received by CEME at least five working days prior to a school's convene date.

Name (Last, First, MI):			Rank:		DOR:	
EDIPI:		Component:		Primary MOS:		Unit:
Resident:	Seminar:		School:		Class Number (ex. 2	1-22):
Location:					School Report Date	:

Location:

		Prospective	Studer	nts					
	Question		Yes	No	Re	marks			
1.	Will the student be able to attend a SNCO Academ full duty status before the next promotion board of which they are in either the primary or above zone -If yes, Marine is not eligible for waiver.	convenes for							
Note f	or 1: Students in the below zone are not eligible for	a duty status waiv	ver.						
2.	Is the student eligible for a PME exemption per MARADMIN 663/16? (On an SDA tour, or complet SDA tour within the last 12 months) - If yes, Marine is not eligible for waiver.	ed an							
3.	Did physician medically disqualify Marine from att PME in a limited duty or pregnancy status (i.e., ph to approve physical fitness plan)? - If yes, Marine is not eligible for waiver.	-							
4.	Anticipated return to full duty:								
5.	Current or Previous FY Zone Dates:	Above:		;	Zone:	Below:			
6.	Required Justification: If the student has met all of the above conditions for this waiver request, provide a narrative below that demonstrates								

Controlled Unclassified Information (CUI) when filled in

		Comr	nand Endorser	nents		
command: batta	alion/squadron se	ergeant major, battalion/se	quadron comma	nder, O-6 co	mmand level sergeant major,	
Recommended	Not Recommended	Title	Print Na	ime	Signature	Contact #
		Battalion/Squadron Sergeant Major	or con constant of the second			
		Battalion/Squadron Commander				
		Sergeant Major (O-6 command level)				
		Commander (O-6)				
		SNCOA	Director's Endo	orsement		
Waiver Approved	Recommend Disapproval	Print Nam	e		Signature	Date
		CEME	Director's App	oroval		
Waiver Approved	Waiver Disapproved	Print Name	e	Signature		Date
						1

# COLLEGE OF ENLISTED MILITARY EDUCATION (CEME) PHYSICIAN-APPROVED PHYSICAL FITNESS PLAN

#### PRIVACY ACT STATEMENT

AUTHORITY: 10 U.S.C. § 5041, Headquarters U.S. Marine Corps, and E.O. 9397 (EDIPI)

**PRINCIPAL PURPOSE:** To collect information necessary to determine an alternate physical fitness to allow Marines in a limited duty and pregnancy status to participate in a SNCO Academy PME school. This form will provide a plan to modify physical training sessions to prevent injury or to allow recovery from a previous injury or physical limitation.

**ROUTINE USE:** Any protected health information (PHI) in your records may be used and disclosed generally as permitted by the HIPAA Privacy Rule (45 CFR Parts 160 and 164), as implemented with DoD by DoD 6025.18R. Permitted uses and disclosures of PHI include, but are not limited to, treatment, payment, and healthcare operations.

**DISCLOSURE:** Providing information on this form is voluntary. However, your failure to provide information will prevent participation at SNCO Academy PME school.

**1. Purpose:** A physician's positive endorsement permitting a limited duty or pregnancy status Marines is required to attend a SNCO Academy PME school with specific physical training accommodations that will still allow the Marine to be educated on physical and mental wellness.

**2. Information:** PME schools are not screening institutions. In order to allow limited duty and pregnancy status Marines to attend a SNCO Academy PME school, parent commands must ensure their Marines satisfy enrollment prerequisites set forth in MCO P1533.4\_ and this physician-approved physical fitness plan.

**3. Submission:** The completed physician-approved physical fitness plan must be electronically delivered with the Duty Status Waiver Request to the CEME Director at CEME\_Waivers@usmcu.edu. Waivers will not be considered if this plan is missing or disapproved by the physician.

**4. Format:** This form is for SNCO Academy use only.

#### Light Duty, Limited Duty, and Pregnancy Status Limitations:

These limitations will be briefed to academy personnel to ensure reasonable accommodations are made. Additionally, accurately capturing a Marine's physical limitations will eliminate the chances of aggravating the injury/medical condition while in a student status at the SNCO Academy. Physicians are encouraged to provide as much detail as possible. Do <u>not</u> reveal diagnosis, except for pregnancy. (References: NAVMED 6310/1 and HIPAA 1996)

	Yes	No		Yes	No		Yes	No
Must use crutches			Stair climbing			Contact sports		
Must use cane			Prolonged standing in formations for more thanmin.			Stand watches		
Must use other:			Working parties for no more thanminutes per hour			For Pregnancy Status only		
						Member isweeks pre	egnant	
Running			Push-ups					
						EDD		
Jumping			Pull-ups					
Marching			Sit-ups					
Drilling			Climbing					
Special Instructions/	Limitat	ions:	•	•		1		

### Controlled Unclassified Information (CUI) when filled in

Controlled Unclassified Information (CUI) when filled in											
status at a SNCO Physical Trainin aggravate the in	This section outlines accommodations that still allow Marines to be educated on physical and mental wellness while in a student status at a SNCO Academy PME school. The intent of this list is to facilitate collaboration between the student and the Command Physical Training Representative (CPTR) and/or Force Fitness Instructor (FFI) to create physical training sessions that do not aggravate the injury/medical condition. The below list is not all encompassing, and physicians are encouraged to provide as much detail as possible. Do <u>not</u> reveal diagnosis, except for pregnancy. (References: NAVMED 6310/1 and HIPAA 1996)										
		Yes N	١o			Yes	No			Yes	No
Upper body exe -Not to exceed	ercises lbs.			Elliptical				Jumping/Jump rope			
Lower body exe -Not to exceed	ercises lbs.			Formation running				Swimming			
Core exercises				Individual running				Row machine			
Walking				Weight bearing rur to exceed	nning -Not Ibs.			Physical therapy exer	cises		
Weight bearing to exceed	walking -Not lbs.			Bicycle				Other:			
	Known	or Antici	ipat	ed Medical/Physica	I Therapy A	ppoint	ments	During PME School			
	Date		ipat	-	Time	μροπιτι	nents	-	ation		
	Date							Location			
	I				s Endorsem				1		
Approved	Disapproved		S	Signature	Stamp or Prov	r Natio ider #	nal	Date	Р	hone	